

WHAT YOU NEED TO KNOW ABOUT RIFT VALLEY FEVER (RVF)

WITH GOOD KNOWLEDGE AND GOOD INFORMATION, WE CAN PREVENT PEOPLE AND ANIMALS FROM GETTING RIFT VALLEY FEVER.



Rain brings more mosquitoes

Mosquitos can carry viruses that make animals and people sick

Rift Valley Fever can cause serious illness and death in animals

Sick animals can make people sick

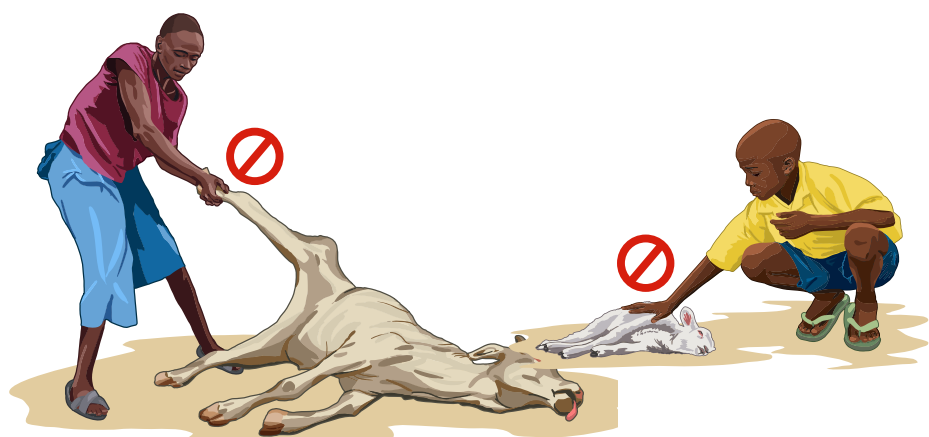
Rift Valley Fever can cause illness in humans, usually mild

People sick with RVF do NOT make other people sick



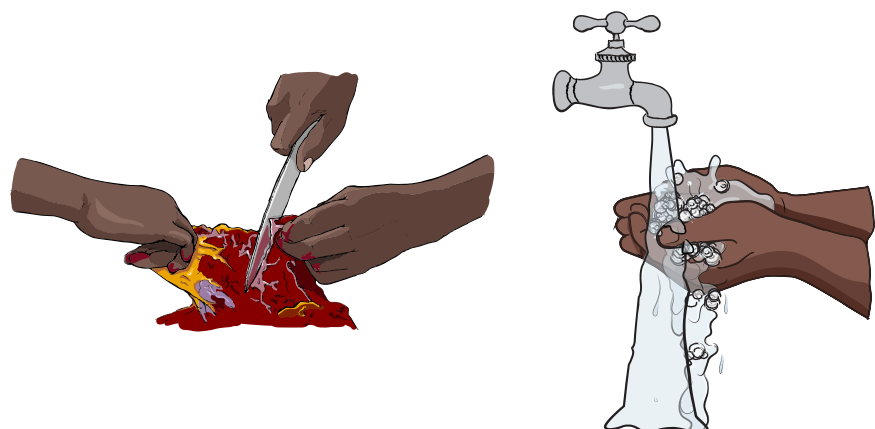
HOW TO PREVENT RVF

1. AVOID CONTACT WITH SICK ANIMALS AND MEAT OR MILK FROM SICK ANIMALS

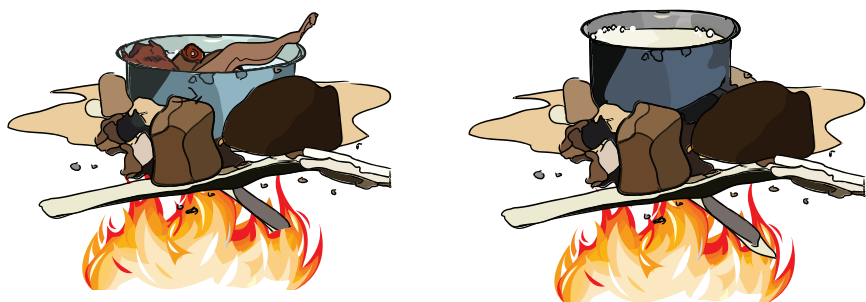


WARNING

Call veterinarians if your animals are sick or have had an abortion

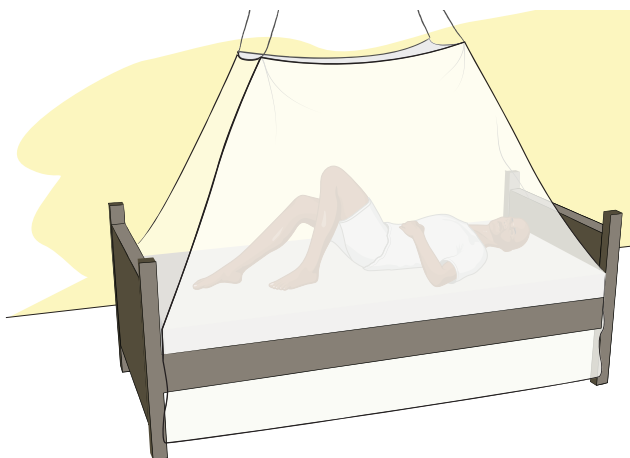


Wash your hands after touching raw meat or milk



Cook meat thoroughly; boil raw milk².

2. AVOID MOSQUITO BITES



Use bednets to protect you from getting diseases from mosquitoes like Rift Valley Fever, malaria, and Yellow fever



Wear long clothing to cover the body

WHEN ANIMALS OR FAMILY MEMBERS ARE SICK:



- Report sick livestock, abortions, and unexpected deaths to the local veterinarian.
- Do not handle or bury dead livestock. Call the local veterinarian to dispose of the body correctly.



- If you feel sick, visit the local clinic or hospital.
- Seek care early to help your chances of survival if you become seriously ill.



U.S. Department of Health and Human Services
Centers for Disease Control and Prevention